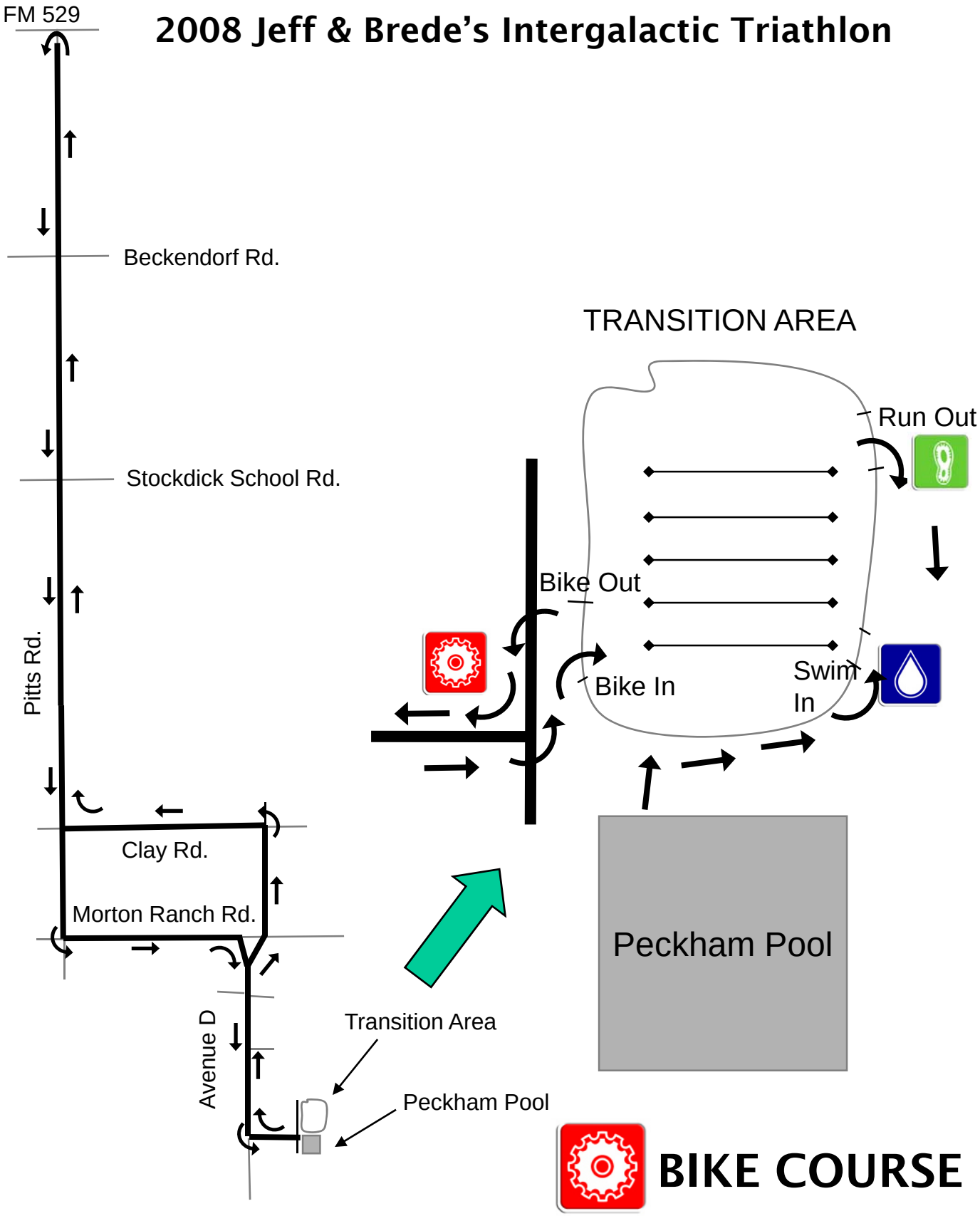
2008 Jeff & Brede's Intergalactic Triathlon

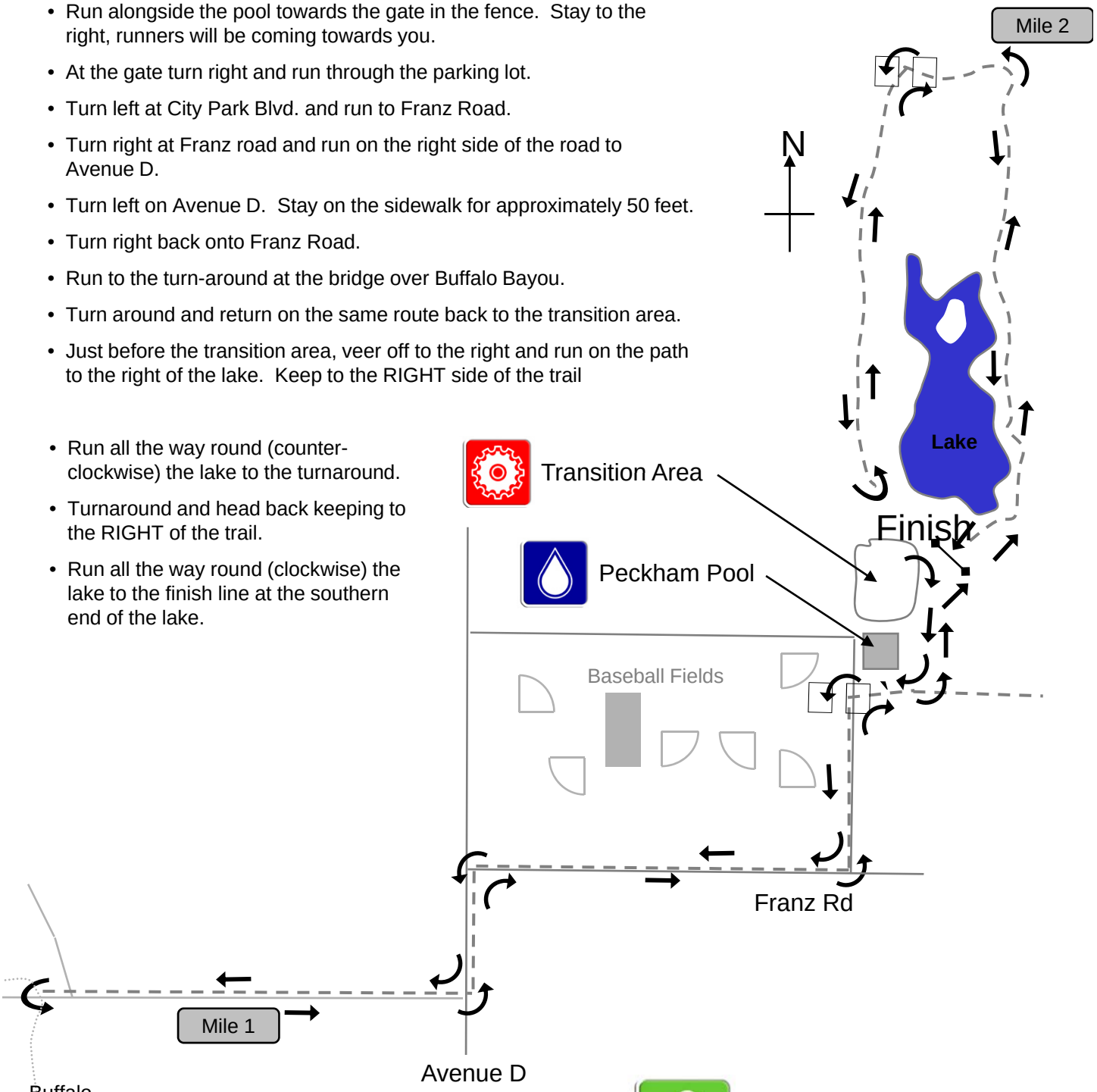


BIKE COURSE

2008 Jeff & Brede's Intergalactic Triathlon

- Turn right out of transition
- Run alongside the pool towards the gate in the fence. Stay to the right, runners will be coming towards you.
- At the gate turn right and run through the parking lot.
- Turn left at City Park Blvd. and run to Franz Road.
- Turn right at Franz road and run on the right side of the road to Avenue D.
- Turn left on Avenue D. Stay on the sidewalk for approximately 50 feet.
- Turn right back onto Franz Road.
- Run to the turn-around at the bridge over Buffalo Bayou.
- Turn around and return on the same route back to the transition area.
- Just before the transition area, veer off to the right and run on the path to the right of the lake. Keep to the RIGHT side of the trail

- Run all the way round (counter-clockwise) the lake to the turnaround.
- Turnaround and head back keeping to the RIGHT of the trail.
- Run all the way round (clockwise) the lake to the finish line at the southern end of the lake.



RUN COURSE